

Week 3



SIMAMA FACILITATOR GUIDE

Family edition 2021



OBJECTIVES:

WEEK 3 – DEBUNKING THE LIES

Objective of this class

- To bond, have fun, reconnect and break ice among family members.
- To discover truths about God our Father.
- To uncover and overcome lies about ourselves.

BEFORE CLASS

1. A day to the class, send out a friendly reminder about the class the next day. Send them the Simama info pack so that members can have an idea of what Simama is about.
2. An hour to the meeting time, remind everyone that meeting begins in 50 min.
3. Initiate the login at 10 minutes to time.

SESSION 1: (INTRODUCTION) – 15min

At the hour, start by welcoming everyone to Simama virtual meeting. Ask everyone to share how their week has been, some highs and/low of the week and also their favorite meal as a child and why. Facilitator always go first.

SESSION 2: see times suggested against each segment

Debunking the lies we believe about ourselves (this segment should take about 60 min)

Facilitator: This week we learned about the lies we believe about ourselves and God and one of the goals today is to debunk them and to instead embrace the truth.

Facilitator beginning with yourself share what you fear most about letting God into your business. Also look at the family tree and see who are believers and who are not **Take only 3 min (time yourself) and allow other family members to share their own faith journey – everyone to take 3min.**

What truth about who God is struck you? **(everyone 3 min – facilitator can assign the person to start).**

What lie about yourself have you believed in, how did this come about and how are you going to reformat your thinking to include the truth about yourself. **(everyone 3 min – facilitator can assign the person to start).**

Activities (discussion should take about 15min)

Lead the family to all pray out aloud the Freedom prayer – see page 61 – they can mute their mics as over zoom it can sound quite un-coordinated.

On a scale of 1 – 10 how was your time with God during the day of fasting and how can we pray for you? **(everyone 1 min – facilitator can assign the person to start).**

Facilitator take note of prayer requests and assign how family members will pray for each other.

Check to see that the family hang out is still on course to being done.

Assign a family member to remind others about day of prayer and fasting. You can encourage family members to share their requests on that day so family can be praying for each other.

Facilitator in your own prayer time, pray very specifically for the family members who are struggling to pray. Also note next week ie week 5 covers a very sensitive topic – Cost of Rebellion – so take note to pray and fast for your family.

Announcement

Family members invited for Family night with Pst Muriithi on Wednesday at 7:30 – 8pm (Group leader be sure to send out flier on Tuesday).

This week on your day of fasting, hang out with God by reading His word and listening to worship music. Write in your journal your experience of God and be ready to share next week.

End in prayer

Facilitator: Please note we shall be studying the family tree each week. Look at week 2 at least 2 days before your family meeting so you can familiarize yourself with the questions.

